

SEGUIN ISD – 6<sup>TH</sup> – 8<sup>TH</sup> - Lunch

**SERVED DAILY**

HAM & CHEESE (or) PB&J SANDWICH  
FRESH WHOLE FRUIT & CHILLED FRUIT  
1% WHITE OR FAT FREE FLAVORED MILK  
ROMAINE GARDEN SALAD

**Lunch Meal Prices:**

Reduced: \$0.40    Paid: \$3.00    ADULT: \$3.75

# OCTOBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>September 30</b>	<b>October 1</b>	<b>October 2</b>	<b>October 3</b>	<b>October 4</b>
<b>OVEN FRIED CHICKEN</b> Home style Scalop Potatoes Southern Green Beans Rolls/Brown Gravy	<b>HOMEMADE LASAGNA</b>  Zucchini & Squash Garlic Breadsticks	<b>STUFFED BAKED POTATOES</b> Chili/ Chicken Fajita Chives, Bacon Bits, Butter, Cheese, Broccoli, WG Roll	<b>CHICKEN SOFT TACOS</b> Southwest Corn Charro Beans, Spanish Rice Salsa / Jalapeño / Sour Cream Shredded Cheese	<b>CHICKEN NUGGETS</b>  Au Gratin Potatoes Sautéed Mixed Vegetables Roll/Cream Gravy
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>STEAK FINGERS</b> Mashed Potatoes Peas & Carrots Rolls/Crème Gravy	<b>CHICKEN POT PIE</b> Rice Pilaf Steamed Broccoli Rolls	<b>OVEN BAKED CHICKEN</b> Roasted Red Potatoes Cajun Green Beans Rolls	<b>CLASSIC PATTY MELT</b> Tater Tots Fresh Veggie Cup	<b>Fair Day</b> <b>**DISTRICT**</b> <b>**HOLIDAY**</b>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>Staff Development</b> <b>**STUDENT**</b> <b>**HOLIDAY**</b>	<b>CHICKEN PARMESAN Over Spaghetti</b> Buttered Carrots Buffalo Cheese Crunchers	<b>LEMON-PEPPER CHICKEN</b> Brown Gravy Mixed Vegetable, Stuffing, Seasoned Fries	<b>TWIN CRISPY TACOS</b> Charro Beans Spanish Rice Salsa / Jalapeño / Sour Cream Shredded Cheese	<b>SMOKED BRISKET</b> Home-Style Potato Salad Black-Eyed Peas Citrus BBQ Sauce Buttered Texas Toast
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>PHILLY CHEESESTEAK SANDWICH</b> French Fries Sautéed Mixed Vegetables	<b>CREAMY CHICKEN CASSEROLE</b> Scalloped Potatoes Steamed Peas, Roll	<b>ROASTED PORK</b> Mashed Potatoes Cornbread Stuffing Brown Gravy, Roll	<b>CHICKEN MINI TACO (2)</b> Sautéed Peppers & Onions Spanish Rice, Charro Beans Lettuce & Tomato Salad	<b>CHICKEN FRIED CHICKEN</b> Garlic Mashed Potatoes Green Beans Roll/Crème Gravy
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>November 1</b>
<b>CHICKEN FRIED STEAK</b> Baked Potatoes (butter, cheese, bacon) Braised Cabbage Roll/Crème Gravy	<b>SPAGHETTI &amp; MEATSAUCE</b> Green Beans Glazed Carrots	<b>SMOTHERED OVEN FRIED CHICKEN</b> Au Gratin Potatoes Steamed Broccoli Brown Gravy/Roll	<b>SHREDED CHICKEN TOSTADAS</b> Spanish Rice Refried Beans Lettuce & Tomato Salad	<b>HOMEMADE CHEESE ENCHILADAS</b> Charro Beans, Spanish Rice Lettuce & Tomato Salad Cornbread

**\*\*MENU IS SUBJECT TO CHANGE\*\***

Options	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>THE BRICK OVEN PIZZA &amp; SALADS</b>	<b>PIZZA</b> (Pepperoni, Cheese, Hamburger) <i>Cranberry Turkey Salad</i>	<b>PIZZA</b> (Pepperoni, Cheese) <b>Chicken Fajita</b> <i>Bacon Ranch Salad</i>	<b>PIZZA</b> Pepperoni/Cheese /Spicy Pepperoni) <b>Ham Chef Salad</b>	<b>PIZZA</b> (Pepperoni, Cheese) <b>Chicken</b> <b>Stir-Fry Salad</b>	<b>PIZZA</b> (Pepperoni/Cheese/ Supreme) <b>Ham Cobb Salad</b>
<b>SPECIALTY</b>	<b>NACHO BAR</b> Beef Taco Meat or Chicken Tortilla Chips or Doritos Rice, Beans, Queso, Lettuce, Pico de Gallo, Onions, Olives, Sour Cream, Salsa	<b>BURGER BAR</b> <b>Bacon Cheese Burger</b> <b>Grilled Chicken Sandwich</b> <b>Chicken Strips Sandwich</b> Burger Salad Seasoned Fries	<b>BURRITO BAR</b> Tortilla Chicken Fajita (or) Beef Spanish Rice Refried Beans Chili con Carne Queso	<b>DELI BAR</b> <b>Sliced Turkey &amp; Ham</b> <b>Chicken Fajita</b> <b>Chicken or Tuna Salad</b> American/Pepper jack Hoagie /Sliced /Flat Bread/Croissant Vegetables & Dressings	<b>ASIAN NOODLE BOWL</b> Choice Beef or Chicken Broth, Noodles Fresh Stir Fry-Vegetables Egg Roll, Fortune Cookie
<b>CHICKEN EXPRESS</b>	<b>Hot and Spicy Chicken Sandwich</b> <b>Chicken Tenders w/ Roll</b> Seasoned Fries	<b>Krispy Chicken Sandwich</b> <b>Popcorn Chicken w/Roll</b> French Fries	<b>Hot and Spicy Chicken Sandwich</b> <b>Chicken Tenders w/Roll</b> Tator Tots	<b>Krispy Chicken Sandwich</b> <b>Popcorn Chicken w/Roll</b> French Fries	<b>Hot and Spicy Chicken Sandwich</b> <b>Chicken Tenders w/Roll</b> Sweet Potato Fries
<b>OFF THE GRILL</b>	<b>Chicken Parm Sandwich</b>  <b>Cheeseburger</b> Burger Salad Seasoned Fries	<b>HOT WINGS</b>  <b>Hot &amp; Spicy Sandwich</b> Burger Salad, French Fries	<b>Chicken &amp; Swiss Sandwich</b> <b>Hamburger</b> Burger Salad Tator Tots	<b>Mini Corn Dogs</b>  <b>Hamburger</b> Burger Salad French Fries	<b>Bacon Cheeseburger</b> <b>Hamburger</b> Burger Salad Sweet Potatoes Fries

