

SEGUIN ISD – 9<sup>th</sup> -12<sup>th</sup> - Breakfast

# OCTOBER 2019

**Breakfast Meal Prices:**

**STUDENT**

Reduced:      Paid:

\$0.30              \$1.70

**ADULT: \$2.30**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>September 30</b>	<b>October 1</b>	<b>October 2</b>	<b>October 3</b>	<b>October 4</b>
PANCAKE ON STICK POP TARTS CEREAL	BREAKFAST BOWL COCOA PUFF PARFAIT CEREAL	<u>CHICKEN &amp; WAFFLES</u> Fruit Toppings Strawberry or Blueberry CEREAL	SAUSAGE KOLACHE BLUEBERRY MUFFIN CEREAL	BREAKFAST TACOS Potato & Egg Bacon & Egg CEREAL
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
OATMEAL BAR Strawberry & Blueberries Side of: Bacon or Sausage CEREAL	SAUSAGE, EGG & CHEESE FLATBREAD GLAZED DONUT CEREAL	<u>CHICKEN &amp; WAFFLES</u> Fruit Toppings Strawberry or Blueberry CEREAL	HAM, EGG, & CHEESE CROISSANT SANDWICH FRUIT LOOP PARFAIT CEREAL	<b>Fair Day</b> <b>**DISTRICT**</b> <b>**HOLIDAY**</b>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>Parent Conferences</b> <b>**STUDENT**</b> <b>**HOLIDAY**</b>	SAUSAGE, EGG, & CHEESE CROISSANT COCOA PUFF PARFAIT CEREAL	<u>CHICKEN &amp; WAFFLES</u> Fruit Toppings Strawberry or Blueberry CEREAL	COUNTRY-STYLE SCRAMBLED EGGS W/ Hash browns YOGURT CUP W/ Granola CEREAL	BREAKFAST TACOS Potato & Egg Bacon & Egg CEREAL
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
BREAKFAST BAGEL BLUEBERRY MUFFIN CEREAL	BREAKFAST BURRITO GLAZED DONUT CEREAL	<u>CHICKEN &amp; WAFFLES</u> Fruit Toppings Strawberry or Blueberry CEREAL	SAUSAGE BISCUIT FRUIT LOOP PARFAIT CEREAL	BREAKFAST TACOS Potato & Egg Bacon & Egg CEREAL
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>November 1</b>
PANCAKE ON STICK POP TARTS CEREAL	BREAKFAST BOWL COCOA PUFF PARFAIT CEREAL	<u>CHICKEN &amp; WAFFLES</u> Fruit Toppings Strawberry or Blueberry CEREAL	SAUSAGE KOLACHE BLUEBERRY MUFFIN CEREAL	BREAKFAST TACOS Potato & Egg Bacon & Egg CEREAL

**\*\*MENU IS SUBJECT TO CHANGE\*\***

Options	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST TACOS</b>	<u>Bean &amp; Cheese</u> <u>Pork Carnitas</u>	<u>Bacon &amp; Egg</u> <u>Ham &amp; Egg</u>	<u>Bean &amp; Cheese</u> <u>Barbacoa</u>	<u>Bacon &amp; Egg</u> <u>Potato &amp; Egg</u>	<u>OMELET BAR</u>
<b>SMOOTHIES</b>	<u>STRAWBERRY</u> <u>BANANA</u>	<u>MIXED BERRY</u>	<u>STRAWBERRY</u>	<u>MIXED BERRY</u>	<u>TROPICAL</u>

**CEREALS**

- Cocoa Puffs
- Fruit Loops
- Cinnamon Toast Crunch
- Frosted Flakes
- Honey Nut Cheerios

**OFFERED DAILY**

- FRESH/CHILLED FRUIT
- 100% FRUIT JUICE
- 1% WHITE MILK
- OR FAT FREE CHOCOLATE MILK

