

SEGUIN ISD – K – 5<sup>th</sup> Lunch

**SERVED DAILY**

HAM & CHEESE (or) PB&J SANDWICH  
 FRESH WHOLE FRUIT & CHILLED FRUIT  
 1% WHITE OR FAT FREE FLAVORED MILK  
 ROMAINE GARDEN SALAD

# OCTOBER 2019

**Lunch Meal Prices:**  
 Reduced: \$0.40    Paid: \$2.80    ADULT: \$3.75

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
September 30	October 1	October 2	October 3	October 4
<b>CHICKEN FRIED STEAK</b> Home style Scalop Potatoes Southern Green Beans Rolls/Brown Gravy	<b>SPAGHETTI W/ MEATSAUCE</b> Italian Zucchini Glazed Carrots Garlic Bread	<b>PIZZA</b> (Pepperoni/Cheese)  Steamed Corn Seasoned Green Beans	<b>HOMEMADE CHEESE ENCHILADAS</b> Charro Beans, Spanish Rice Lettuce & Tomato Salad Cornbread	<b>CHICKEN NUGGETS</b> Home style Au Gratin Potatoes Sautéed Mixed Vegetables Roll/Cream Gravy
7	8	9	10	11
<b>STEAK FINGERS</b> Mashed Potatoes Peas & Carrots Rolls/Cream Gravy	<b>KING RANCH CHICKEN</b> Steamed Rice Cajun Greens	<b>PIZZA</b> (Pepperoni/Cheese) Buttered Corn Seasoned Green Beans	<b>PATTY MELT</b>  Baked Beans Tator Tots	<b>**FAIR DAY**</b>  <b>**DISTRICT**</b> <b>**HOLIDAY**</b>
14	15	16	17	18
<b>Parent Conferences</b>  <b>**STUDENT**</b> <b>**HOLIDAY**</b>	<b>LASAGNA</b> Steamed Broccoli Glazed Carrots	<b>PIZZA</b> (Pepperoni/Cheese)  Cucumber Chips Mixed Vegetables	<b>TWIN CRISPY TACOS</b> Southwest Corn Charro Beans	<b>CHICKEN TENDERS</b> French Fries Steamed Broccoli Roll/Cream Gravy
21	22	23	24	25
<b>CHICKEN POT PIE</b> Rice Pilaf Steamed Broccoli Roll	<b>ORIENTAL STIR-FRY</b> Steamed Rice Stir Fry Vegetables Egg Roll / Fortune Cookie	<b>PIZZA</b> (Pepperoni/Cheese) Steamed Corn Seasoned Green Beans	<b>CHICKEN MINI TACOS</b> Refried Beans Spanish Rice Lettuce & Tomato Salad	<b>CORN DOG</b> Steamed Broccoli Mac & Cheese
28	29	30	31	November 1
<b>LEMON-PEPPER BAKED CHICKEN</b> Au Gratin Potatoes Mixed Vegetables Roll	<b>PEPPERONI PASTA BAKE</b> Summer Squash Green Peas Garlic Breadstick	<b>PIZZA</b> (Pepperoni/Cheese) Steamed Corn Seasoned Green Beans	<b>BURRITOS W/QUESO</b> Spanish Rice Charro Beans Lettuce & Tomato Salad	<b>CHICKEN FRIED CHICKEN</b> Home style Garlic Mashed Potatoes Green Beans Roll/Crème Gravy

**\*\*MENU IS SUBJECT TO CHANGE\*\***

Options	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MATADOR GRILL</b>	<b>Crispy Chicken Sandwich</b> Seasoned Fries	<b>Hot Dog</b> Tator Tots	<b>Peanut Butter &amp; Jelly Sandwich</b> French Fries	<b>Grilled Ham &amp; Cheese</b> Tator Tots	<b>Cheeseburger</b> Seasoned Fries
<b>GRAB N' GO SALADS</b>	<b>Cranberry Turkey Salad</b>	<b>Chicken Fajita Bacon Ranch Salad</b>	<b>Ham Chef Salad</b>	<b>Chicken Stir-Fry Salad</b>	<b>Ham Cobb Salad</b>

