

SEGUIN ISD - SAEGERT - Breakfast

# OCTOBER 2019

**Breakfast Meal Prices:**  
**STUDENT**  
 Reduced: \$0.30      Paid: \$1.70  
**ADULT: \$2.30**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
September 30	October 1	October 2	October 3	October 4
PANCAKE ON STICK POP TARTS CEREAL	BREAKFAST BOWL COCOA PUFF PARFAIT CEREAL	<u>CHICKEN &amp; WAFFLES</u> Fruit Toppings Strawberry or Blueberry  CEREAL	SAUSAGE KOLACHE BLUEBERRY MUFFIN CEREAL	BREAKFAST TACOS Potato & Egg Bacon & Egg CEREAL
7	8	9	10	11
<u>OATMEAL BAR</u> Strawberry & Blueberries Side of: Bacon or Sausage CEREAL	SAUSAGE, EGG & CHEESE FLATBREAD GLAZED DONUT CEREAL	<u>CHICKEN &amp; WAFFLES</u> Fruit Toppings Strawberry or Blueberry  CEREAL	HAM, EGG, & CHEESE CROISSANT SANDWICH FRUIT LOOP PARFAIT CEREAL	<b>FAIR DAY</b>  <b>**DISTRICT**</b> <b>**HOLIDAY**</b>
14	15	16	17	18
<u>Staff Development</u>  <b>**STUDENT**</b> <b>**HOLIDAY**</b>	SAUSAGE, EGG, & CHEESE CROISSANT COCOA PUFF PARFAIT CEREAL	<u>CHICKEN &amp; WAFFLES</u> Fruit Toppings Strawberry or Blueberry  CEREAL	COUNTRY-STYLE SCRAMBLED EGGS W/ Hash browns YOGURT CUP W/ Granola CEREAL	BREAKFAST TACOS Potato & Egg Bacon & Egg CEREAL
21	22	23	24	25
BREAKFAST BAGEL BLUEBERRY MUFFIN CEREAL	BREAKFAST BURRITO GLAZED DONUT CEREAL	<u>CHICKEN &amp; WAFFLES</u> Fruit Toppings Strawberry or Blueberry  CEREAL	SAUSAGE BISCUIT FRUIT LOOP PARFAIT CEREAL	BREAKFAST TACOS Potato & Egg Bacon & Egg  CEREAL
28	29	30	31	November 1
PANCAKE ON STICK POP TARTS CEREAL	BREAKFAST BOWL COCOA PUFF PARFAIT CEREAL	<u>CHICKEN &amp; WAFFLES</u> Fruit Toppings Strawberry or Blueberry  CEREAL	SAUSAGE KOLACHE BLUEBERRY MUFFIN CEREAL	BREAKFAST TACOS Potato & Egg Bacon & Egg CEREAL

**\*\*MENU IS SUBJECT TO CHANGE\*\***

**CEREALS**

- Cocoa Puffs
- Fruit Loops
- Cinnamon Toast Crunch
- Frosted Flakes
- Honey Nut Cheerios

**OFFERED DAILY**

- FRESH/CHILLED FRUIT
- 100% FRUIT JUICE
- 1% WHITE MILK
- OR FAT FREE CHOCOLATE MILK

