

SEGUIN ISD – SAEGERT - Lunch

SERVED DAILY

Lunch Meal Prices:

Reduced: \$0.40 Paid: \$3.00 ADULT: \$3.75

OCTOBER 2019

HAM & CHEESE (or) PB&J SANDWICH
FRESH WHOLE FRUIT & CHILLED FRUIT
1% WHITE OR FAT FREE FLAVORED MILK
ROMAINE GARDEN SALAD

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
September 30	October 1	October 2	October 3	October 4
OVEN FRIED CHICKEN Home style Scallop Potatoes Southern Green Beans Rolls/Brown Gravy	HOMEMADE LASAGNA Zucchini & Squash Garlic Breadsticks	STUFFED BAKED POTATOES Chili/ Chicken Fajita Chives, Bacon Bits, Butter, Cheese, Broccoli, WG Roll	CHICKEN SOFT TACOS Southwest Corn Charro Beans, Spanish Rice Salsa / Jalapeño / Sour Cream Shredded Cheese	CHICKEN NUGGETS Au Gratin Potatoes Sautéed Mixed Vegetables Roll/Cream Gravy
7	8	9	10	11
STEAK FINGERS Mashed Potatoes Peas & Carrots Rolls/Crème Gravy	CHICKEN POT PIE Rice Pilaf Steamed Broccoli Rolls	OVEN BAKED CHICKEN Roasted Red Potatoes Cajun Green Beans Rolls	CLASSIC PATTY MELT Tater Tots Fresh Veggie Cup	Fair Day **DISTRICT** **HOLIDAY**
14	15	16	17	18
Staff Development **STUDENT** **HOLIDAY**	CHICKEN PARMESAN Over Spaghetti Buttered Carrots Buffalo Cheese Crunchers	LEMON-PEPPER CHICKEN Brown Gravy Mixed Vegetable, Stuffing, Seasoned Fries	TWIN CRISPY TACOS Charro Beans Spanish Rice Salsa / Jalapeño / Sour Cream Shredded Cheese	SMOKED BRISKET Home-Style Potato Salad Black-Eyed Peas Citrus BBQ Sauce Buttered Texas Toast
21	22	23	24	25
PHILLY CHEESESTEAK SANDWICH French Fries Sautéed Mixed Vegetables	CREAMY CHICKEN CASSEROLE Scalloped Potatoes Steamed Peas, Roll	ROASTED PORK Mashed Potatoes Cornbread Stuffing Brown Gravy, Roll	CHICKEN MINI TACO (2) Sautéed Peppers & Onions Spanish Rice, Charro Beans Lettuce & Tomato Salad	CHICKEN FRIED CHICKEN Garlic Mashed Potatoes Green Beans Roll/Crème Gravy
28	29	30	31	November 1
CHICKEN FRIED STEAK Baked Potatoes (butter, cheese, bacon) Braised Cabbage Roll/Crème Gravy	SPAGHETTI & MEATSAUCE Green Beans Glazed Carrots	SMOTHERED OVEN FRIED CHICKEN Au Gratin Potatoes Steamed Broccoli Brown Gravy/Roll	SHREDDED CHICKEN TOSTADAS Spanish Rice Refried Beans Lettuce & Tomato Salad	HOMEMADE CHEESE ENCHILADAS Charro Beans, Spanish Rice Lettuce & Tomato Salad Cornbread

****MENU IS SUBJECT TO CHANGE****

Options	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SALADS	Cranberry Turkey Salad	Chicken Fajita-Bacon Ranch Salad	Ham Chef Salad	Chicken Stir Fry Salad	Ham Cobb Salad
PIZZA & BURGERS	PIZZA Pepperoni Cheese	Crispy Chicken Sandwich Burger Salad, French Fries	PIZZA Pepperoni Cheese	Hot & Spicy Chicken Sandwich Burger Salad, French Fries	Bacon Cheeseburger Burger Salad Sweet Potatoes Fries

