

**Seguin Independent School District
School Health Advisory Council
SHAC**

Minutes, September 13th, 2023

- Welcome and Introductions
 - Mark Dibble called the meeting to order at 5:42.
 - In attendance- Mark Dibble, Sandie Balderas, Lidia Cardenas, Cecily Dwyer, Trixie Ferguson, Ingrid Moreno Gutierrez, Ken Heebner (virtual), Leticia Machado, Nimbe Nunez, Angela Sjolander, Edith Zeisloft (virtual), Sarah Anderson, Veronica Blair, Katrina Eberhard Michele Meehan (virtual), James Randell, Kara Hall, Bethany Polk, Jacob Galvan and Pete Silvius.
 - Mark invited introductions from all SHAC Members and welcomed everyone to the first meeting of the 23-24 school year.
- Member Business-
 - Meeting Minutes from the May 17th SHAC meeting were approved with a motion by Sarah and 2nd by James.
 - Mark shared about past SHAC efforts including the following-
 - Child Nutrition survey related to caffeine/coffee being offered at the HS
 - Recommendations for violence prevention programs and sexual health programs
 - Recess Policy
 - Water Bottle fill stations
 - These SHAC achievements were discussed as work the SHAC has pursued in the past and could be related to topics of interest for the SHAC this year.
 - SHAC members shared ideas about possible areas of focus for the 23-24 school year.
 - Policy to ensure access to bathrooms for students during the school day
 - Puberty Video review and possible action related to adoption process
 - SHAC Bylaws were shared. SHAC members were asked to review the Bylaws and come to the November meeting with recommendations for possible edits and revisions.
 - Included within the Bylaws is the topic of SHAC sub committees. SHAC's are required to have at a minimum a Physical Activity Subcommittee. SHAC members were asked to consider volunteering to serve on subcommittees.
 - SHAC meeting dates for 2023-2024 school year-
 - September, 13th 2023
 - November 15th 2022
 - January 17th 2024
 - March 27nd 2024
 - May 15th 2024
- The meeting adjourned at 6:52pm with a motion by Sarah and 2nd by Angela.