

**Seguin ISD**  
**School Health Advisory Council**  
**2023-2024 Annual Report**

The Seguin ISD SHAC Chair- Mark Dibble.

**Ongoing SHAC goals**

- 1.) Promote student nutrition**
- 2.) Increase opportunities and access to physical activity for all students, staff and community.**
- 3.) Increase parental/community involvement to include support of coordinated school health and the SHAC.**
- 4.) Educate the whole child with health and wellness at the center of academic achievement.**

**Notable achievements of 2023-2024**

- **SHAC Bylaws updated and approved**

SHAC Bylaws were updated to better reflect the operational needs of the SHAC.

- **SHAC approved instructional materials utilized**

Instruction to meet SB 9 requirements related to violence prevention was delivered in collaboration with SISD Counseling and Nursing Staff

- Child Safety Matters K-5<sup>th</sup>
- Teen Safety Matters 6<sup>th</sup>-12<sup>th</sup>
- RadKIDS K-5<sup>th</sup>

Instruction to meet HB 1525 requirements related to human sexuality was delivered in collaboration with SISD Nursing, Physical Education and Biology Staff

- Proctor and Gamble Puberty Education 5<sup>th</sup>
- Living Well Aware 6<sup>th</sup>
- SHARE (Sexual Health and Relationship Education) 9<sup>th</sup>

Instruction to meet HB 3908 requirements related to fentanyl awareness and prevention was delivered in collaboration with SISD Nursing Staff

- Mind Matters 6<sup>th</sup>-12<sup>th</sup>

(SHAC Goal 3, 4)

- **SHAC participated in a focus group with Texas A&M Extension Agency**

The SHAC provided input related to physical activity opportunities for staff and students in a school setting. The feedback will be included in data sets that will inform recommendations and policy development support.

- **SHAC membership**

The SHAC welcomed several SISD Board appointed community members to the SHAC. Their participation and input is appreciated and valued.

**2023-2024 SISD School Health Advisory Council Members**

Mark Dibble  
Sandie Balderas  
Cecily Dwyer  
Trixie Ferguson  
Ingrid Moreno Gutierrez  
Ken Heebner

Leticia L. Machado  
Angela Sjolander  
Edith Zeisloft  
Sarah Anderson  
Veronica Blair  
Katarina Eberhard

Michele Meehan  
James Randell  
Rebecca Schroeder  
Kara Hall  
Bethany Polk  
Jacob Galvan (Advisor)  
Pete Silvius (Coordinator)

(SHAC Goal 3)

- **SHAC supports the efforts of the Child Nutrition Department**

The SHAC continued to provide support to the efforts of the Child Nutrition Department, offering input related to menus and operations.

(SHAC Goal 1, 3, 4)