



# Seguin ISD Athletic Training



## Emergency Action Plans

- The purpose of an Emergency Action Plan is to provide easy, accurate, and concise directions in the event of a medical emergency. SHS Athletic Training abides by the NATA best practice guidelines for EAPs. Following the emergency action plan will reduce confusion, provide a chain of command, and ensure that the highest level of care is taken so that our student-athletes are treated as safely and effectively as possible.

### Components of the Emergency Action Plan:

1. Emergency Personnel
  2. Roles of First Responder
  3. Emergency Communication
  4. Emergency Equipment
  5. Emergency Transportation
  6. Venue Directions with Map
  7. Individual Sport EAPs
    - a. Athletic Training Facility (AT Clinic - 1)
    - b. Football, Soccer & Track (Matador Stadium - 2)
    - c. Basketball, Volleyball (Goldie Harris - 3)
    - d. Tennis (Tennis courts - 4)
    - e. Basketball, Volleyball (SAC - 5)
    - f. Softball (Softball field - 6)
    - g. Cross country (Starcke Park Pavilion - 7)
    - h. Baseball (Practice Field & Smokey Joe - 8,9)
- a. Emergency Personnel:
- In the event of an injury during a practice or a game in which the EAP needs to be activated, the athletic training staff will typically be the first responder to an injury. All members of the EAP will be trained in basic first aid, Cardiopulmonary Resuscitation (CPR), and Automated External Defibrillator (AED) use. Those with the highest level of training at the time of injury are in charge of directing the EAP. An Athletic Trainer will be on location for all home competitions. A team physician may occasionally be available to assist. If the Athletic Trainer is unavailable, then the Head Coach, unless otherwise directed, becomes first responder. After taking the required steps to either activate EMS or the emergency situation has been resolved, the Athletic Training Staff should be notified immediately of the injury occurrence.
- b. Roles of First Responder:
- Immediate care of injured athlete
  - Activation of EMS (911)



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- 911 (direct access): provide name, location, condition of the injured athlete, treatment provided, other information as requested.
- Emergency medical equipment retrieval.
- Direct EMS to the scene via the closest entrance.
- Clear hazards for direct access, open gates and direct ambulance.
- Keep unnecessary bystanders from crowding the scene.

## c. Emergency Communication:

- Communication is key to quick emergency response. Athletic trainers and emergency medical personnel must work together to provide the best emergency response possible and should have contact information established as part of a pre-planning for emergency situations. Communication prior to the event is a good way to establish boundaries and to build rapport between both groups of professionals. If emergency medical transportation is not available on site during a particular sporting event, then direct communication with the emergency medical system at the time of the injury or illness is necessary. The individual activating EMS should clearly communicate to the emergency operator the condition of the individual, care that is currently being given, title and name of caller, directions to injury location, or any other information asked by the emergency operator.

## d. Emergency Equipment:

- All necessary emergency equipment such as AEDs/splints should be at the site and quickly accessible. Personnel should be familiar with the location, function, and operation of each type of emergency equipment. Equipment should be in good operating condition, and personnel must be trained in advance to use it properly. Following an emergency all emergency equipment should be checked to make sure that it is still in good working order and returned to its proper storage, location or event placement.

## e. Medical Emergency Transportation

- Ambulances may be coordinated by the athletic department to be on site at every home football game. In the medical emergency evaluation, the athletic trainer will identify emergencies requiring critical intervention and in determining transport decisions. In an emergency situation, the athlete should be transported by ambulance, where the necessary staff and equipment is available to deliver appropriate medical care. If no ambulance is available, a person should be designated the transporter for these scenarios. Care must be taken to ensure that the activity areas are supervised should the athletic trainer leave the site in transporting the athlete.



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f. Venue Directions with Map

- In the case of EMS activation, it is important that the most direct route to the injury location be given. A map of the competition site should be created and learned by all individuals involved in the EAP.

g. Individual Sport & Venue EAPs...



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## ATHLETIC TRAINING FACILITY (1)

**ADDRESS:** 1315 E Cedar Street, Seguin, TX 78155

**VENUE DIRECTIONS:** Direct EMS to scene via the north entrance staff parking lot off Cedar St. Continue down the road in between Matador Stadium and SHS.

**COMMUNICATIONS:** Cell phones or telephones in athletic training clinic

**EMERGENCY EQUIPMENT:** Emergency Kit/AED/Splints/Spine board

**ROLES OF FIRST RESPONDER:** Provide immediate care of injured individual and call 911  
Retrieve emergency equipment  
Ensure EMS access to scene



**HOSPITAL:** Guadalupe Regional Medical Center (GRMC)

1215 E. Court St.  
Seguin, TX 78155  
(830)-379-2411

**MED CLINICS:** MedPost Urgent Care

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GRMC Urgent Care

1761 S. State Hwy 46, Suite 104  
New Braunfels, TX 78130  
(830)-433-7816



# Seguin ISD Athletic Training



## MATADOR STADIUM (2)

**ADDRESS:** 1315 E Cedar Street, Seguin, TX 78155

**VENUE DIRECTIONS:** From 123: Direct EMS North 123 Bypass→W. Cedar Street→Enter Matador Stadium at the Northside Gate

**COMMUNICATIONS:** Cell phones or telephones in athletic training clinic

**EMERGENCY EQUIPMENT:** Emergency Kit/AED/Splints

**ROLES OF FIRST RESPONDER:** Provide immediate care of injured individual and call 911  
Retrieve emergency equipment  
Ensure EMS access to scene



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# Seguin ISD Athletic Training



## LESLIE "GOLDIE" HARRIS GYMNASIUM (3)

**ADDRESS:** 1315 E Cedar Street, Seguin, TX 78155

**VENUE DIRECTIONS:** From 123: Direct EMS North 123 Bypass→W. Cedar Street→Enter Leslie "Goldie" Harris Gymnasium parking lot (past the Tennis Courts)

**COMMUNICATIONS:** Cell phones or telephones in Arena

**EMERGENCY EQUIPMENT:** Emergency Kit/AED/Splints

**ROLES OF FIRST RESPONDER:** Provide immediate care of injured individual and call 911  
Retrieve emergency equipment  
Ensure EMS access to scene



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# Seguin ISD Athletic Training



## MATADOR TENNIS COURTS (4)

**ADDRESS:** 1315 E Cedar Street, Seguin, TX 78155

**VENUE DIRECTIONS:** From 123: Direct EMS North 123 Bypass→W. Cedar Street→Enter Tennis court parking lot on left

**COMMUNICATIONS:** Cell phones or telephones in Arena

**EMERGENCY EQUIPMENT:** Emergency Kit/AED/Splints

**ROLES OF FIRST RESPONDER:** Provide immediate care of injured individual and call 911  
Retrieve emergency equipment  
Ensure EMS access to scene



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# Seguin ISD Athletic Training



## STUDENT ACTIVITY CENTER "SAC" (5)

**ADDRESS:** 1315 E Cedar Street, Seguin, TX 78155

**VENUE DIRECTIONS:** From 123: Direct EMS North 123 Bypass→E. College Street→Enter the South Parking Lot immediately to the right. Gym is located in the small parking lot by Athletics Office

**COMMUNICATIONS:** Cell phones

**EMERGENCY EQUIPMENT:** Emergency Kit/AED

**ROLES OF FIRST RESPONDER:** Provide immediate care of injured individual and call 911  
Retrieve emergency equipment  
Ensure EMS access to scene



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# Seguin ISD Athletic Training



## LADY MATADOR SOFTBALL FIELD (6)

**ADDRESS:** 1300 East College Street, Seguin, TX 78155

**VENUE DIRECTIONS:** From 123: Direct EMS North 123 Bypass→E. College Street→Softball field is located on the right hand side of the street

**COMMUNICATIONS:** Cell phones

**EMERGENCY EQUIPMENT:** Emergency Kit/AED/Splints

**ROLES OF FIRST RESPONDER:** Provide immediate care of injured individual and call 911  
Retrieve emergency equipment  
Ensure EMS access to scene



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# Seguin ISD Athletic Training



## STARCKE PARK PAVILION (7)

**ADDRESS:** 950 S Austin St, Seguin, TX 78155

**VENUE DIRECTIONS:** From HWY 46: Direct EMS E. Court St.→S. Austin St→Turn onto Wave Pool Dr and continue to pavilion

**COMMUNICATIONS:** Cell phones

**EMERGENCY EQUIPMENT:** Emergency Kit/AED/Splints

**ROLES OF FIRST RESPONDER:** Provide immediate care of injured individual and call 911

Retrieve emergency equipment

Ensure EMS access to scene



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# Seguin ISD Athletic Training



## BASEBALL PRACTICE FIELD (8)

**ADDRESS:** 1300 East College Street, Seguin, TX 78155

**VENUE DIRECTIONS:** From 123: Direct EMS North 123 Bypass→E. College Street→Baseball field is located on the right hand side of the street after the softball field

**COMMUNICATIONS:** Cell phones

**EMERGENCY EQUIPMENT:** Emergency Kit/AED/Splints

**ROLES OF FIRST RESPONDER:** Provide immediate care of injured individual and call 911

Retrieve emergency equipment

Ensure EMS access to scene



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# Seguin ISD Athletic Training



## “SMOKEY” JOE WILLIAMS FIELD (9)

**ADDRESS:** 950 S Austin St, Seguin, TX 78155

**VENUE DIRECTIONS:** From HWY 46: Direct EMS E. Court St.→S. Austin St→Coliseum will be on the right hand side of the road and the field will be further back on the left hand side

**COMMUNICATIONS:** Cell phones

**EMERGENCY EQUIPMENT:** Emergency Kit/AED/Splints

**ROLES OF FIRST RESPONDER:** Provide immediate care of injured individual and call 911

Retrieve emergency equipment

Ensure EMS access to scene



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